

# Ted's Adventures

## On the Road to Success

**Ted Ferguson successfully completed the Great North Run 2007 in a time of 1 hour 33 minutes and finishing position of 1003.**

This was his 14th Great North Run and best ever performance. He has done the race for many charities but since 2000 when one of his brothers was diagnosed with Motor Neurone Disease he has raised sponsor money for this charity.

Last year he raised a very creditable amount of £1500.00.

The day itself was a great event and the camaraderie among the people taking part makes the pain worthwhile.

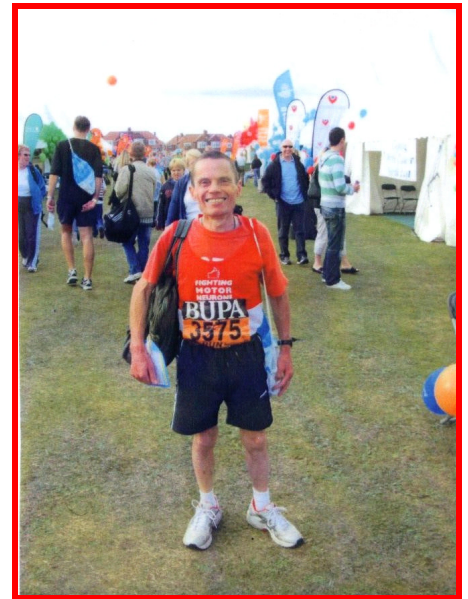
The reception at the end of the run was also well organised and the

helpers put on a lovely buffet and drinks (non-alcoholic). They also took photographs and sent them to us by e-mail—see right.

This photograph was taken just outside the Motor Neurone Disease hospitality tent after the run with my goody bag and bag with my change of clothes just recovered from the baggage bus.

Here again many new friends were made from all over the country and some from abroad.

Hopefully we will meet up with some of them again in the GNR 2008.



## Bridging The Gap Through Technology

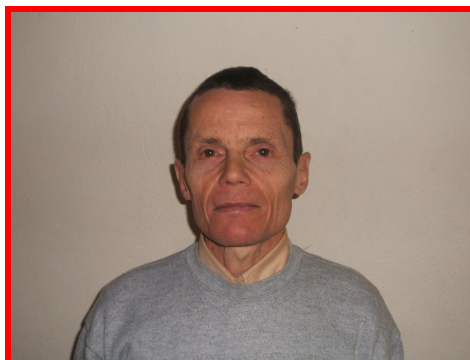
Thirteen mature students started a further education to learn more about using personal computers. The course started on Thursday 18th April 2008 and will run for approximately 10 weeks, each session being from 10.00am to 12.00am.

The people attending the course ranged from those who knew very little about computers to those who had some knowledge and wanted to expand this knowledge.

Some of the attendees were looking for employment therefore the first task was to

learn how to do CVs and put into a presentable format.

The next task was to learn how to use Microsoft Publisher which is being used in this press release.



### Summary of my CV.

#### Secondary Education:-

St Aidans Grammar School. 1955 to 1960. (GCE-O level 7 subjects).

#### Employment:-

Apprentice electrician NCB: 1960 to 1965

Electrician NCB (Surface & Underground): 1965 to 1966. (HNC Electrical Engineering)

Diagram Draughtsman: NCB: 1966 to 1968.

One year teacher training course full time education at Huddersfield College of Education: 1968 to 1969.

Tendering and Sales (inside) Engineer for Reyrolle at Hebburn: 1969 to 2007 (early retirement).